

dushko
international

**Combining functionality and design; all-embracing activewear for women.
Whatever kind of woman you are, we've got you.**

When you're on the pole, you're vulnerable enough as it is.
It would help if you didn't have to worry about what you're wearing, right?

We make pole dance, fitness and activewear that feels like a second skin,
allowing you to focus on your performance and lose yourself in your art form.

All our pole fitness and activewear is designed by Weronika, pioneer of Dushko International and experienced pole dancer.

1 product purchased = 1 tree planted



For every item purchased, Dushko International donates to a non-profit organization that will plant a tree in Rwanda, Africa. This local cooperative:

- empowers local women by providing mentorship to local farmers
- improves food security by planting both native trees and fruit trees
- protects animal habitat, homes to rare species
- helps fight global climate change



6 PILLARS OF REFORESTATION



AIR

Trees take in harmful pollutants & release clean oxygen for us to breathe.



WATER

Trees filter water, prevent floods & maintain Earth's water cycles.



BIODIVERSITY

Forests provide habitat to many animals, birds, fungi, moss & plants.



SOCIAL IMPACT

Trees provide jobs & food security to many communities.



HEALTH

Trees & nature reduce stress, aid in recovery and promote overall wellness.

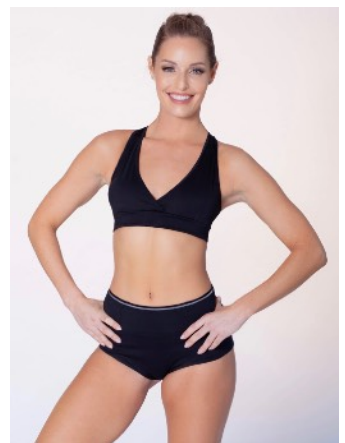
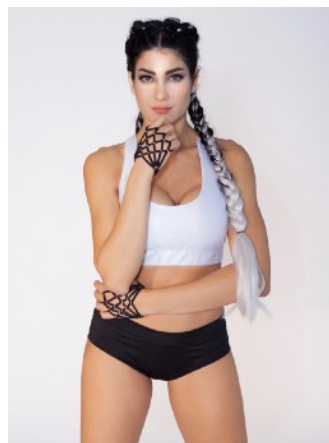
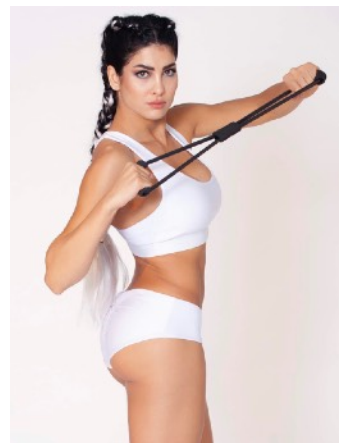
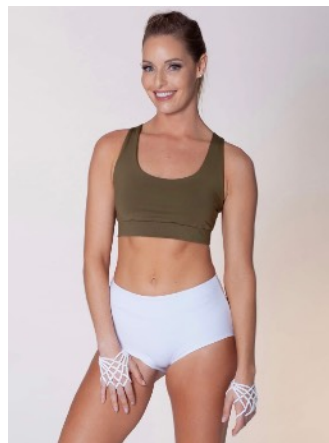
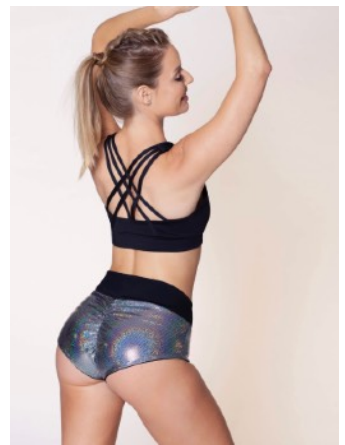
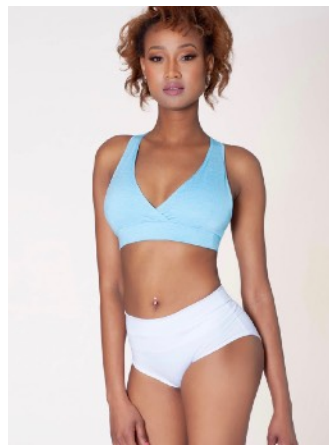
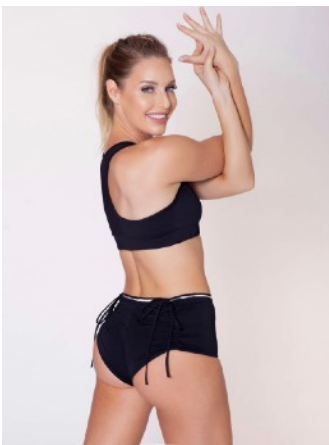
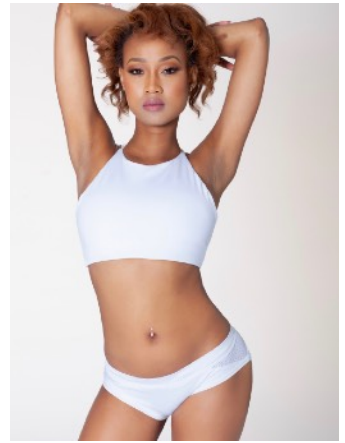
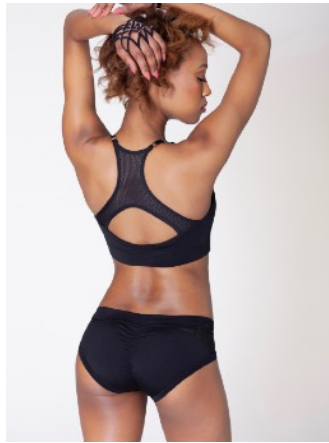
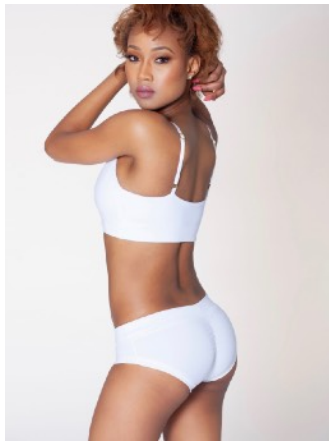


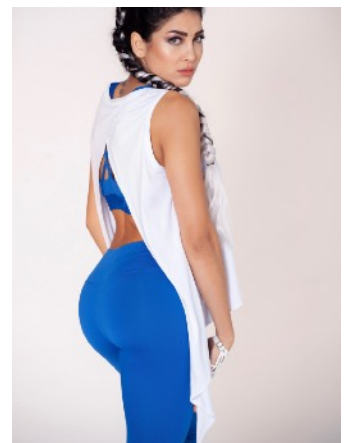
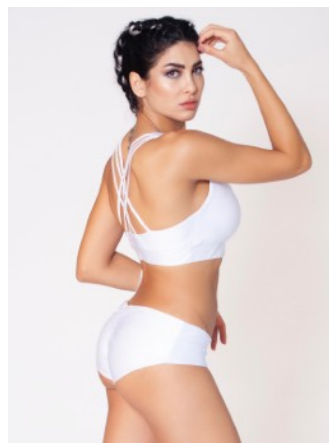
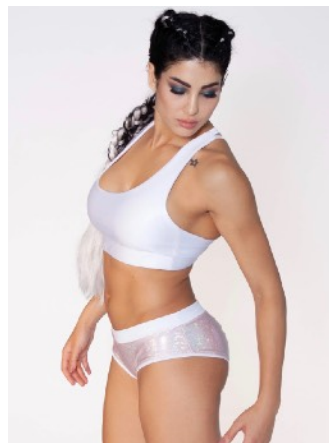
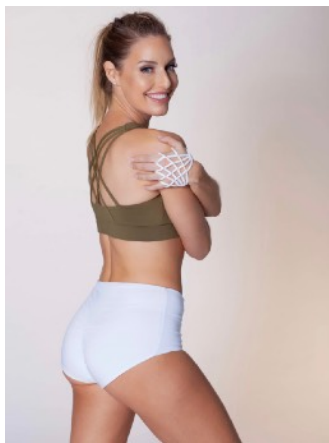
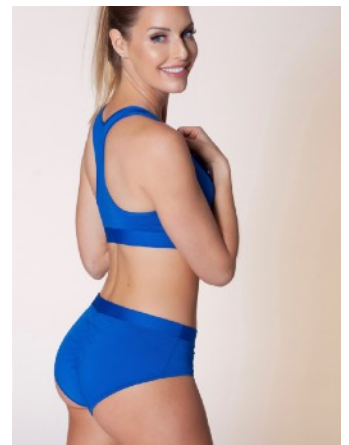
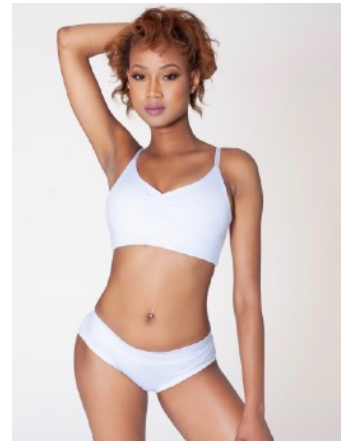
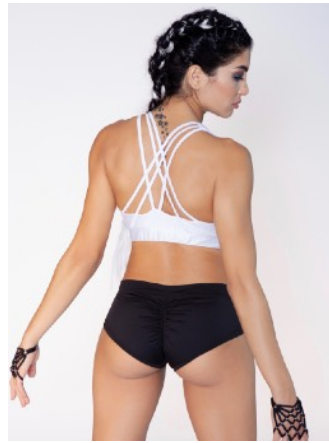
CLIMATE

Trees absorb carbon dioxide & other pollutants, helping to clean air and regulate climate.



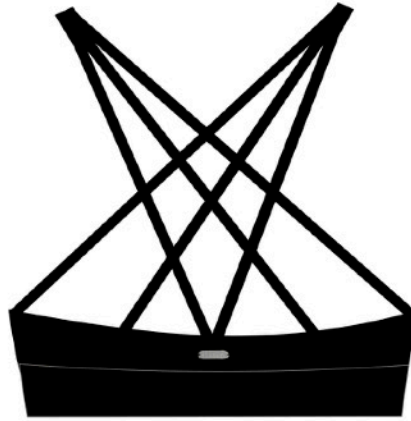
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front



back

XARA

This playful sports bra has medium coverage on the front and minimal coverage on the back. The front is simple and elegant, lightly hugging you. The 6 strips on the back cross each other without adding any noticeable thickness.

Benefits

- Exceptionally comfortable, like a 2nd skin
- Space for your own insert/padding
- Has 3 layers in front, so nothing shows through
- Maintains size and color after multiple washes
- Classy & clean design





front



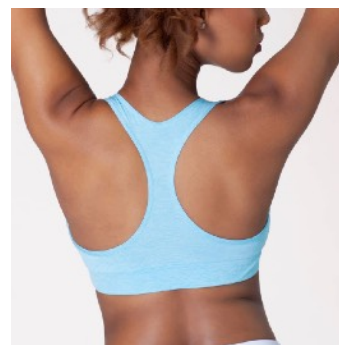
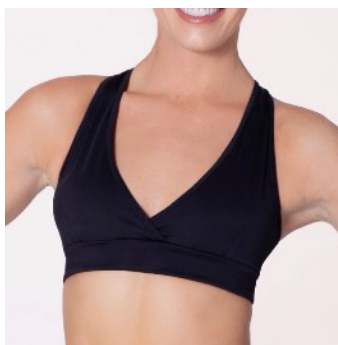
back

TRIBAL

This sports bra has maximum skin exposure, to establish multiple contacts points between you and the pole. The X-shape back highlights your shoulder blade while the slight overlap in front keeps your girls in place.

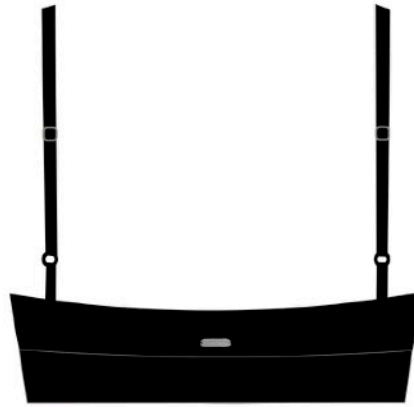
Benefits

- Exceptionally comfortable, like a 2nd skin
- Space for your own insert/padding
- Has 2 layers, so nothing shows through
- Maintains size and color after multiple washes
- Classy & clean design





front



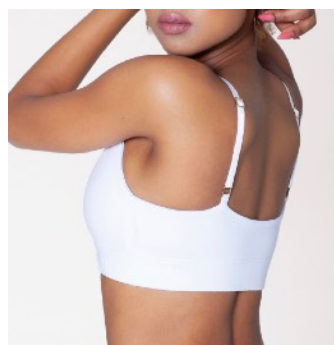
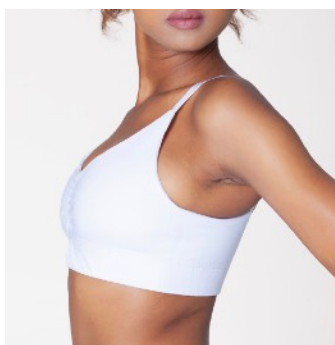
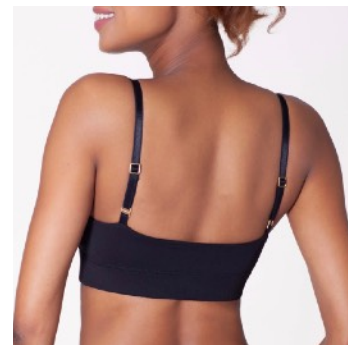
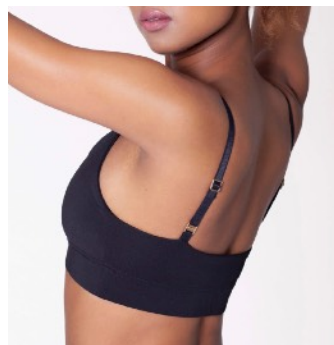
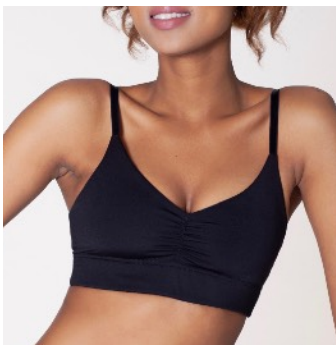
back

DH

This low-cut sports bra was primarily made for pole dancing and workouts at the gym, but it provides support for all light to medium physical activities. The cheeky ruffle in the center adds some flair, and has adjustable straps.

Benefits

- Exceptionally comfortable, like a 2nd skin
- Space for your own insert/padding
- Has 2 layers, so nothing shows through
- Maintains size and color after multiple washes
- Classy & clean design





front



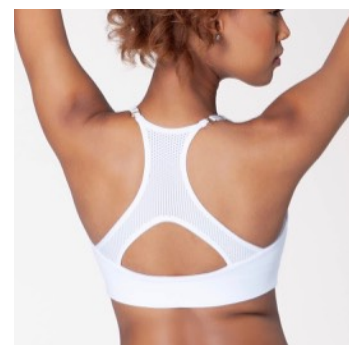
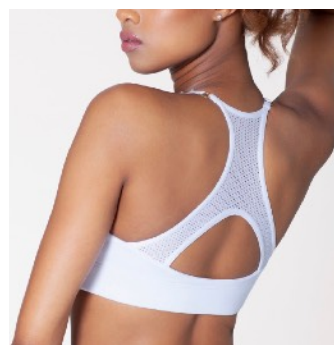
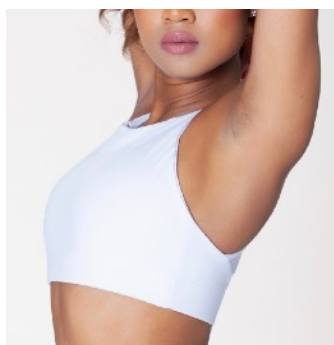
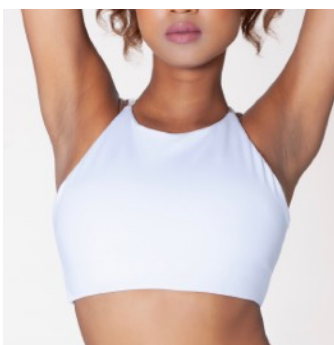
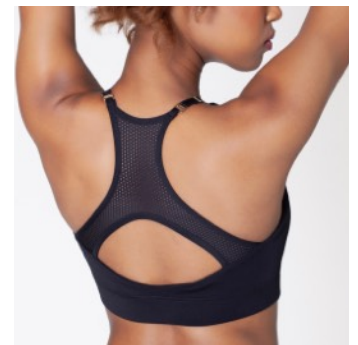
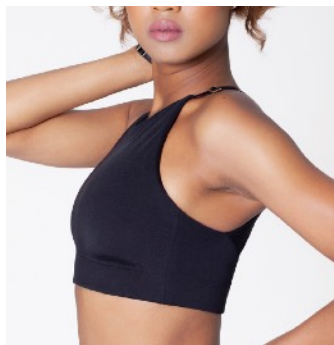
back

SPORTY

This advanced sports bra covers most of your front while exposing most of your back. The X-shaped mesh on the back efficiently contours your shoulder blades, so you almost feel like your back is completed bare. It's also adjustable.

Benefits

- Exceptionally comfortable, like a 2nd skin
- Space for your own insert/padding
- Has 3 layers in front, so nothing shows through
- Maintains size and color after multiple washes
- Classy & clean design





front



back

JOY

These low-waisted shorts is an instant classic with a cheeky ruffle. It's one of our most popular models for pole dancing and they are named after the expression you'll have wearing them. Also available in a model with a side mesh for even greater breathability.

Benefits

- Exceptionally comfortable, like a 2nd skin
- Has 2 layers, so nothing intimate is visible
- Prevents 'camel toe'
- Maintains shape and color after multiple washes
- Classy & clean design





front



back

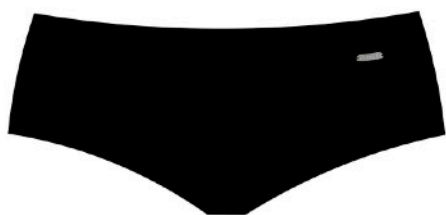
**JOY
MESH**

These low-waisted shorts are identical to the Joy model, but with some mesh fabric on your hips. The mesh give these comfy shorts a slick look while further increasing breathability. Also available in a model without a side mesh.

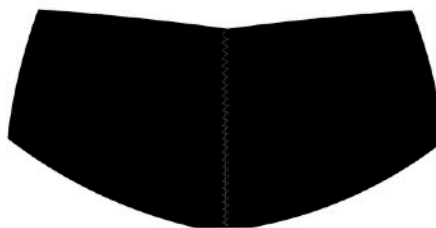
Benefits

- Exceptionally comfortable, like a 2nd skin
- Has 2 layers, so nothing intimate is visible
- Prevents 'camel toe'
- Maintains shape and color after multiple washes
- Classy & clean design





front



back

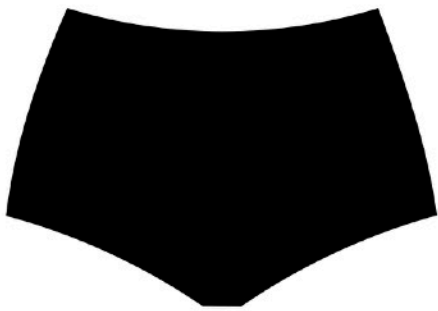
**GIGI
LOW**

These low-waisted shorts were primarily made for pole dance and hot yoga, and they will become your best friend during these activities. As one of our most exposed models, it minimizes contact points between you and the pole, but always covers your private areas. Also available in a high-waisted model.

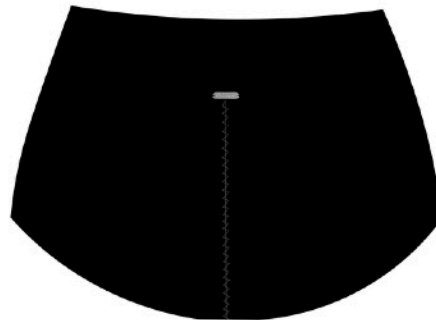
Benefits

- Exceptionally comfortable, like a 2nd skin
- Has 2 layers, so nothing intimate is visible
- Prevents 'camel toe'
- Maintains shape and color after multiple washes
- Classy & clean design





front



back

**GIGI
HIGH**

These high-waisted shorts were primarily made for pole dance and twerking, and they will become your best friend during these activities. The higher waistline prevents any "muffin top" and conceals any loose skin around the belly.

Also available in a low-waisted model.

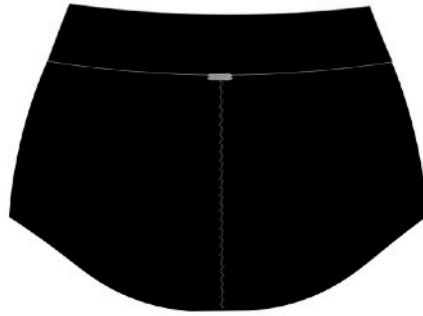
Benefits

- Exceptionally comfortable, like a 2nd skin
- Has 2 layers, so nothing intimate is visible
- Prevents 'muffin top' and 'camel toe'
- Maintains shape and color after multiple washes
- Classy & clean design





front



back

MYA

These mid-waisted shorts are high enough to prevent any "muffin top". Its construction underlines the shape of your buttocks, and the wide band on top makes these comfortable shorts seem smaller than they really are.

Benefits

- Exceptionally comfortable, like a 2nd skin
- Has 2 layers, so nothing intimate is visible
- Prevents 'muffin top' and 'camel toe'
- Maintains shape and color after multiple washes
- Classy & clean design





front



back

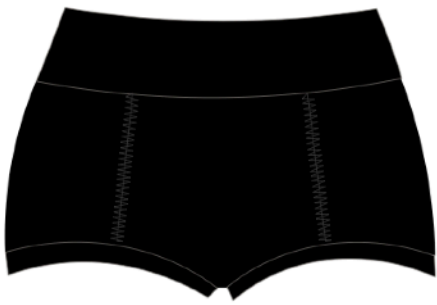
BURLESQUE

These shouldn't serve a single purpose, so no matter your activity, you'll feel sexy in them in these adjustable shorts. Pulling the straps on the side allows you to show as much skin as you dare, making them seem like multiple shorts in one.

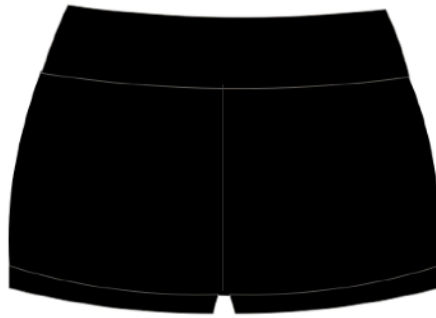
Benefits

- Exceptionally comfortable, like a 2nd skin
- Adjustable strap to increase skin exposure
- Prevents 'muffin top' and 'camel toe'
- Maintains shape and color after multiple washes
- Classy & clean design





front



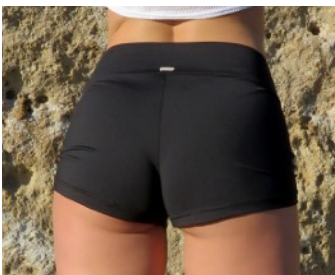
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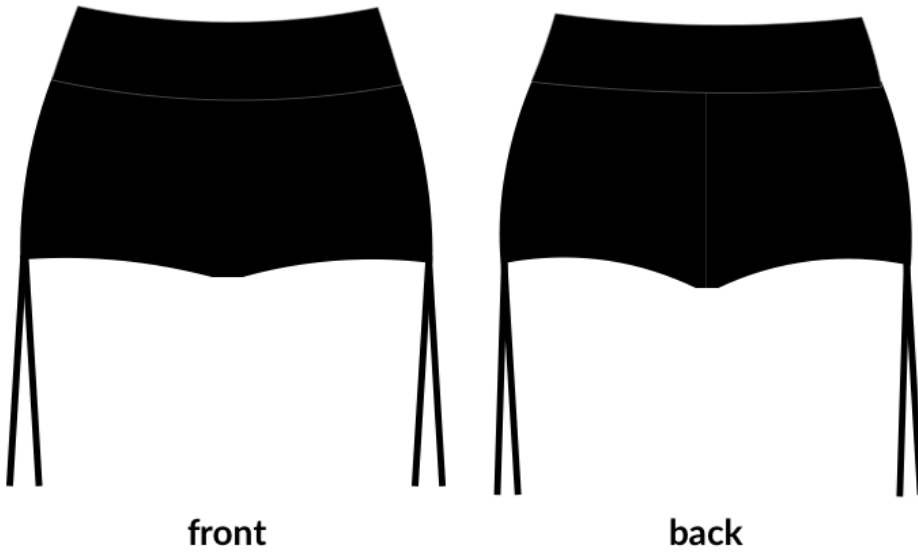
CHEEKY

These all-purpose, mid-level shorts were made for all your sporty adventures. They have more buttock coverage than our other models, and have 2 ruffles on the front to draw attention to you hips.

Benefits

- Exceptionally comfortable, like a 2nd skin
- Prevents 'muffin top' and 'camel toe'
- Maintains size and color after multiple washes
- Unique design





QUATRO

These mid shorts shorts were primarily made for pole dancing and hot yoga. The side straps allow you to increase or decrease skin exposure. The unique construction underlines the shape of your buttocks.

Benefits

- Exceptionally comfortable, like a 2nd skin
- Has adjustable side straps to increase exposure
- Prevents 'muffin top' and 'camel toe'
- Maintains shape and color after multiple washes
- Classy & clean design





front



back

VENUS

Embrace your inner goddess in these super comfy shorts. Designed to cleverly show off your back dimples with a criss-cross pattern to prevent showing too much skin.

The 4-way stretchable fabric covers you during all movements, and the high waist prevents muffin tops while delicately hugging your tummy.

Benefits

- Exceptionally comfortable, like a 2nd skin
- Has 2 layers, so nothing intimate is visible
- Prevents 'muffin top' and 'camel toe'
- Maintains shape and color after multiple washes
- Classy & clean design





front



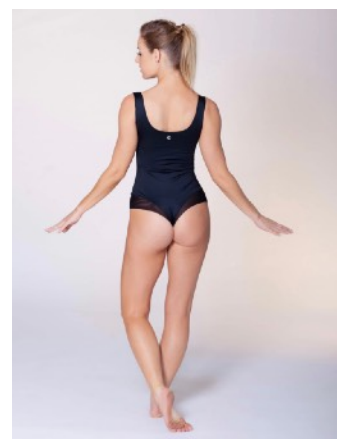
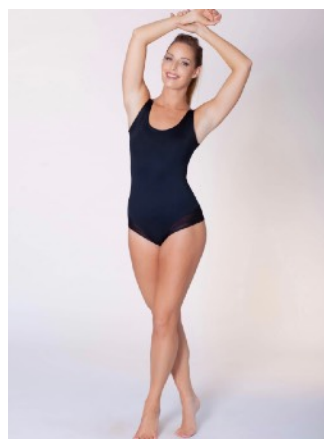
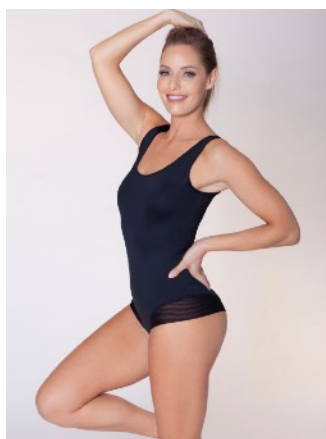
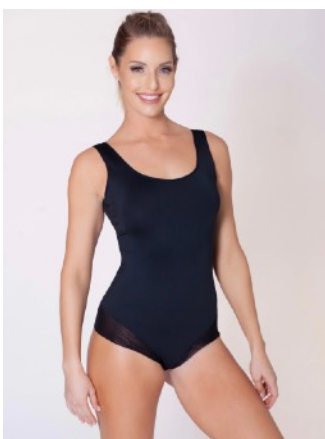
back

BELLUCI MESH

You've never experienced anything like this bodysuit. Made from advanced sportswear fabric, it's extremely comfortable and has dozens of uses. The mesh trim adds a touch of sexiness.

Benefits

- Extremely comfortable, like a 2nd skin
- Doesn't pinch your skin
- Great for all kinds of physical activities
- Maintains size and color after multiple washes





front



back

BELLUCI

You've never experienced anything like this bodysuit. Made from advanced sportswear fabric, it's extremely comfortable and has dozens of uses. The trim around panties, cleavage and underarms add a sporty look to the outfit.

Benefits

- Extremely comfortable, like a 2nd skin
- Has 2 layers, so nothing intimate is visible
- Doesn't pinch your skin
- Great for all kinds of physical activities
- Maintains size and color after multiple washes





front

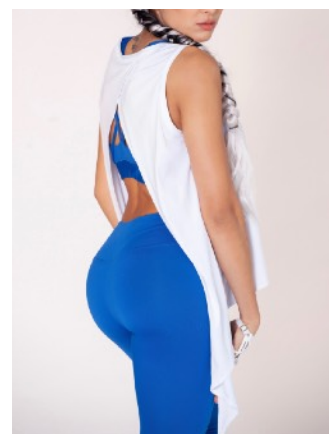
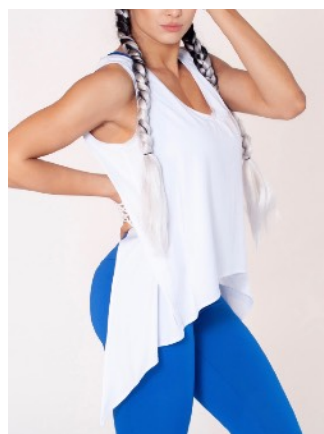
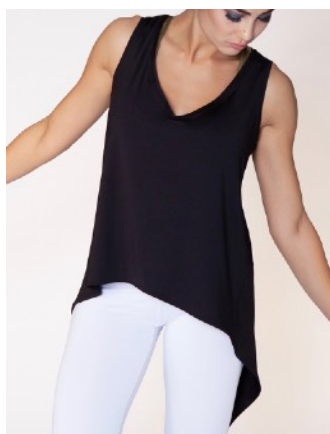
back

FRIDAY

This shirt, v-neck in the front and open at the back with two long petals, reminds us of the weekend. It's also adaptable to your mood; if you're feeling casual, keep the petals open and allow the wind to blow around you. If you want to feel hugged, tie the petals behind your back or around your waist. Can be perfectly paired with your favorite yoga pants, leggings or shorts, for a sporty and sexy look.

Benefits

- Exceptionally comfortable, like a 2nd skin
- Maintains shape and color after multiple washes
- Classy & clean design





front



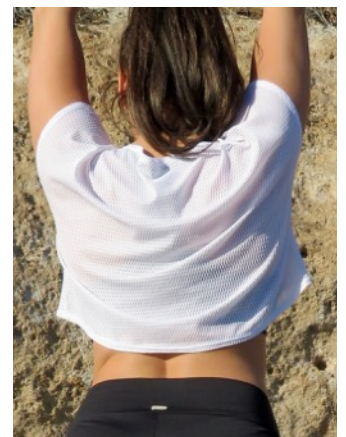
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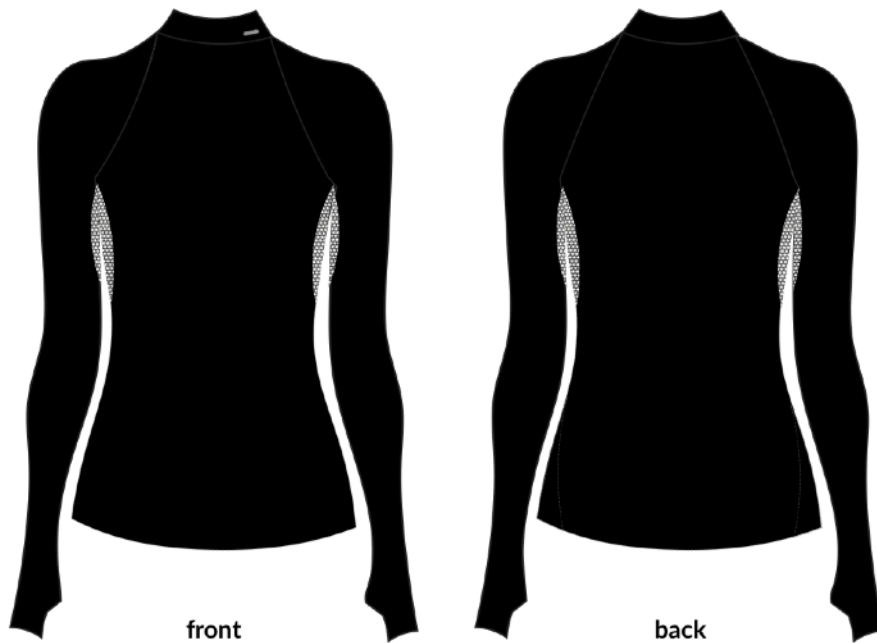
SUMMER NIGHT

This oversized mesh shirt looks like a cropped football jersey, only sexier. It can be worn with just a bra, resulting in a more revealing outfit, or on top of another shirt, to add some styling.

Benefits

- Exceptionally comfortable
- Oversized, so it can be worn by itself or over other tops
- Maintains size and color after multiple washes
- Classy & clean design



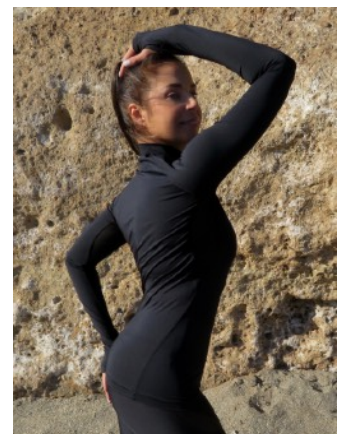
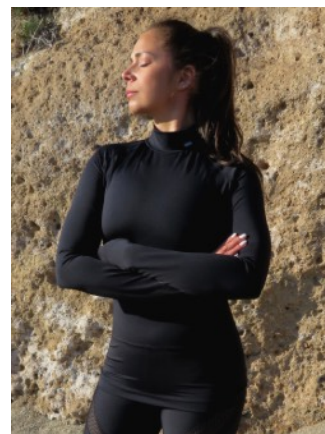
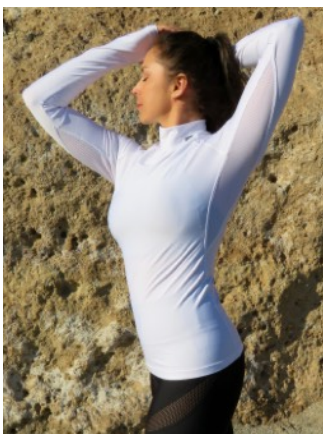


**REY
MESH**

This long sleeve active shirt has a futuristic look, with a tear-shaped mesh around the armpits. Thumb holes ensures everything stays in place.

Benefits

- Exceptionally comfortable, like a 2nd skin
- Mesh armpits for additional breathability
- Maintains size and color after multiple washes
- Unique design





front

back

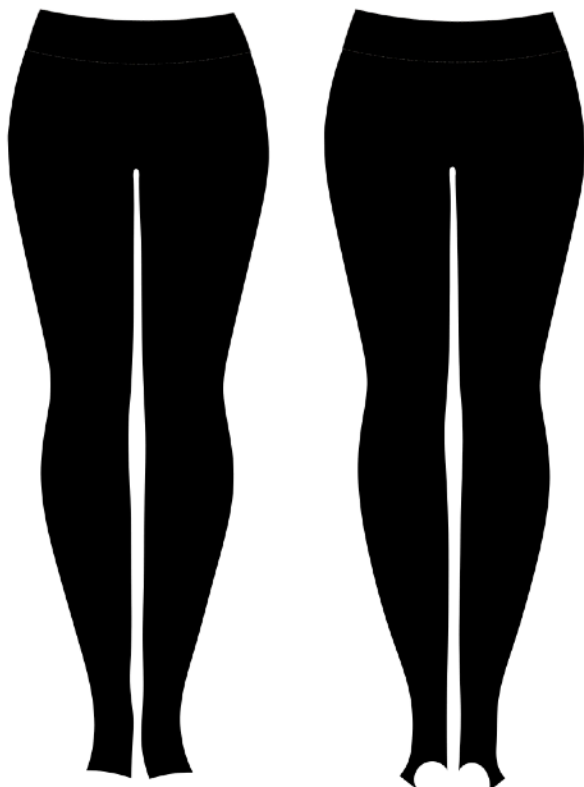
MOYO

These high waisted leggings are great for workouts and yoga, since they move with you and are breathable. You can also make a fashion statement by tucking them into a pair of boots.

Benefits

- Exceptionally comfortable, like a 2nd skin
- High waisted to gently hug you
- Maintains shape and color after multiple washes
- Classy & clean design





front

back

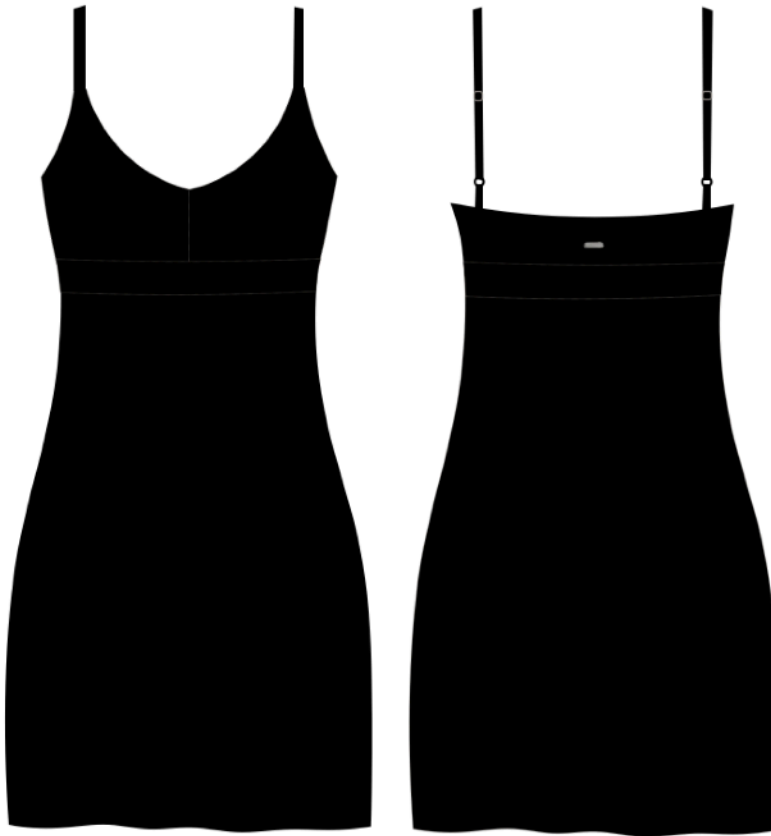
YOGINI

These high waisted leggings are great for workouts and yoga, since they move with you and are breathable. You can also make a fashion statement by tucking them into a pair of boots.

Benefits

- Exceptionally comfortable, like a 2nd skin
- High waisted to gently hug you
- Maintains shape and color after multiple washes
- Classy & clean design





front

back

OH LALA

This modern sports dress is a simple and elegant outfit. It would make a great accomplice for a day at the tennis court, or for 18 rounds at the golf course.

Benefits

- Exceptionally comfortable, like a 2nd skin
- Multi-purpose dress
- Maintains shape and color after multiple washes
- Classy & clean design





OH XARA

This modern sports dress is based on our Xara sports bra. It would make a great accomplice for a day at the tennis court, or for 18 rounds at the golf course.

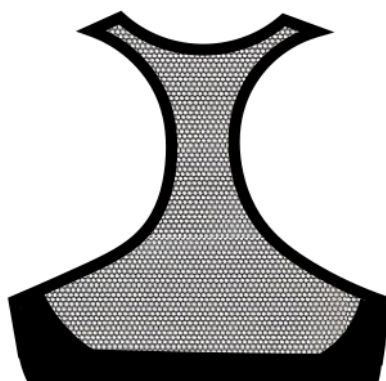
Benefits

- Exceptionally comfortable, like a 2nd skin
- Multi-purpose dress
- Maintains shape and color after multiple washes
- Classy & clean design





front



back

BUTTERFLY MESH X

This plus-sized sports bra was primarily made for workouts and yoga, but it provides support for all light to medium activities. The X-mesh on the back is made from super strong, yet supple, material.

Benefits

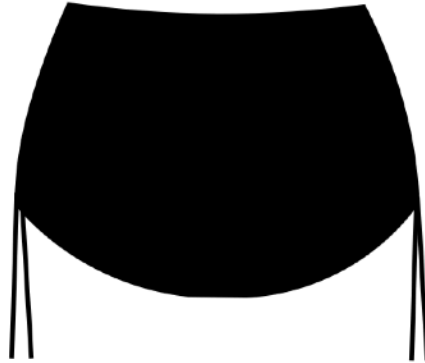
- Exceptionally comfortable, like a 2nd skin
- Space for your own insert/padding
- Has 3 layers in front, so nothing shows through
- Maintains size and color after multiple washes
- Classy & clean design

Available sizes (US): 0X-4X





front



back

GIGI HIGH X

These plus-sized high shorts were primarily made for pole dancing and hot yoga and specifically tailored for ladies with full figures. The side straps allow you to increase or decrease skin exposure.

Benefits

- Exceptionally comfortable, like a 2nd skin
- Has 2 layers, so nothing intimate is visible
- Prevents 'camel toe'
- Maintains shape and color after multiple washes
- Classy & clean design

Available sizes (US): 0X-4X





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